RECREATION NEWSLETTER

October 17 - December 31

Programs, activities and resources for all ages.
REGISTRATION

ONLINE RECREATION REGISTRATION
1. webtrac.cityofbrooklyncenter.org
2. Create an account through the site by providing basic information about you and your family.
3. Create a LOGIN (your email address) and choose a password. If you forget your password, the site can send you a reminder email.
4. Once your account is created, use your login and password to sign up for recreation programs. If you have questions, please contact us at 763-569-3400.

PHONE-IN
Visa, MasterCard, Discover and American Express accepted.
Monday-Saturday, 8:30 am - 4:30 pm

LIABILITY
The Community Activities, Recreation and Services Department does not provide accident insurance for participants in any of its programs. Participants assume all inherent risk of injury from their involvement in programs or activities.

NO NON-RESIDENT FEES
Brooklyn Center Recreation Department does not charge non-resident fees for any of our programs, classes or community center memberships.

REFUND INFORMATION
Request for refunds must be made at least 24 hours before first class or by registration deadline date. Cancellations after the first class, require 24 hour notice before the second class. No refunds issued after the second class.
No refunds on Active Adult programs and Community Tripsters after the registration deadline.
Requests for refunds for Lifeguard Training must be made at least 8 days before the program start date.
Refunds will be prorated and a $5 cancellation fee is charged.
No refunds given on programs of $5 or less.
If programs are canceled by the Recreation Department, a full refund will be issued.

PLEASE NOTE...
Inclement Weather – If classes or recreation activities are canceled due to inclement weather, we will attempt to make them up. For a recorded message about activity cancellations, call 763-569-3442.
Financial Assistance – Available to Brooklyn Center youth residents who could not otherwise participate in the program due to financial reasons. Request and registration must be made in person at the community center. Not available for one-day programs, private swim lessons, lifeguard training, water safety aide, memberships, or contracted trip programs.
Photograph Notice – City employees take pictures of program participants to use for publicity purposes. Photos may appear in the guide, on the website or other marketing publications.
Missed Lessons - Missed lessons will not be made up.
No Participant Substitutions – Only registered participants may attend programs.
Prorated Fees – Program fees cannot be prorated.
Late Pickup Fee – $5 fee for every ten minutes past program ending time will be issued for youth programs.
Auxiliary Aids – Auxiliary aids for persons with disabilities available upon request at least 96 hours in advance. Persons with hearing or speech impairment served by the MN Relay Service, 711 (TTY/Voice).
Inclusion Requests – Successful inclusion requests are made two weeks in advance.

LANGUAGE INTERPRETATION SERVICES
If you or someone you know need translation services, language translation services are available at the community center. With the help of LanguageLine, we can provide interpreting service in over 100 languages. LanguageLine is a service that connects human interpreters via telephone to individuals who wish to speak to each other but do not share a common language. Service provided free of charge.

REACH FOR RESOURCES
An inclusion specialist is available to assist persons who wish to participate in programs. For a successful inclusion, a minimum of two weeks notice is required for an inclusion assessment to be completed. To register or for more information on REACH for Resources programs or other adaptive recreation options, call REACH at 952-200-3030 or go to https://www.reachforresources.org/news/newsletters/.

DEPARTMENT STAFF
Reggie Edwards Acting Director 763-569-3407
Jacob Andersen Recreation Supervisor 763-569-3317
Janelle Crossfield Recreation Supervisor 763-569-3406
Joe Erickson Recreation Supervisor 763-569-3382
Steve Makowske Golf Course Superintendent 763-549-3750
Carissa Goebel Recreation Supervisor 763-569-3405
Facility Rentals 763-569-3400

BROOKLYN CENTER PARKS & RECREATION ADVISORY COMMISSION

The Parks and Recreation Advisory Commission meets the 3rd Tuesday of each month at 7 pm at the Community Center. This Commission advises the City Council on the parks and recreation program in Brooklyn Center. Bud Sorenson, Chairperson, Travis Borovksy, Jill Dalton, Gail Ebert, Judy Thorbus and Tom Shinnick.

STAY UP TO DATE!
The City Of Brooklyn Center is offering more ways to connect with us. Visit the homepage of our website at cityofbrooklyncenter.org/notifyme to get the latest news on our newest social media outlets offered citywide. Stay connected and be one of the first to receive special announcements and alerts, just by registering and or signing up. facebook.com/brooklyncenterrec

OBSERVED HOLIDAYS
The Brooklyn Center Recreation offices and community center will be closed the following days:
Thanksgiving: Nov. 26, Christmas: Dec. 25. The office will be open 8:30am-1pm on Dec. 24.
We love seeing everyone out enjoying CITY OF BROOKLYN CENTER PARKS!

To protect yourself, your loved ones and your community please follow these guidelines:

**FACE MASKS OR COVERINGS**
are strongly recommended to protect yourself and others.

**BRING YOUR OWN EQUIPMENT**
and be sure to take it home with you when you leave.

**MAINTAIN A 6-FOOT DISTANCE**
between yourself and others, alert others before passing them on the trail.

**WASH YOUR HANDS**
for at least 20 seconds before and after visiting public spaces.

Please note...

Brooklyn Center Recreation continues to adapt to the guidelines and recommendations as it relates to the COVID-19 pandemic. All programs and events will have social distancing protocols in place and are subject to change. Stay up-to-date by ensuring we have the most current contact information for you when registering. Be safe and be well Brooklyn Center!
YOUTH PROGRAMS

REC-TIVITY BOX - MINUTE TO WIN IT
Ages 5+. Rec-tivity boxes are here! We will be launching several theme boxes throughout the Fall for youth and families to experience recreation activities at home. The Minute to Win It box will have a compilation of games and activities for families to race against the clock and each other. Craft activities will also be included to add to the fun.
Oct 7 – Dec 31, while supplies last
$5, #220303-01

LEARN TO SWIM
Swim lessons will be provided with Covid-19 pre-cautions. Parents will be required to be in the water with children 8 and under to facilitate the lesson with the instructor.
If you have any questions about lessons, precautions, or concerns, please contact Jacob Andersen at jandersen@ci.brooklyn-center.mn.us or 763-569-3400.

MAKE A SPLASH GRANT
The USA Swimming Foundation has graciously granted the City of Brooklyn Center the Make a Splash Grant again for 2020. The grant funds are eligible for anyone signing up for the first time to offset the cost of private lessons. If you are interested in receiving the Make a Splash grant, please contact the community center at 763-569-3400.

PRIVATE LESSONS
Ages 6 month & older. Improve stroke techniques, conquer fear of water, gain confidence, or focus on skills! Designed to meet the individual needs of you or your child. Ratio one student/instructor.

<table>
<thead>
<tr>
<th>DAY</th>
<th>DATE</th>
<th>TIME</th>
<th>FEE</th>
<th>ACTIVITY #</th>
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<tr>
<td>T</td>
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<td>11:35 am-12:05 pm</td>
<td>$60</td>
<td>204110-18</td>
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REGISTRATION FOR NOVEMBER SESSIONS BEGINS NOVEMBER 4

| T   | Nov 10 – Dec 1 | 4:30-5:10 pm  | $60  | 204110-19  |
| T   | Nov 10 – Dec 1 | 5:25-6:05 pm  | $60  | 204110-20  |
| T   | Nov 10 – Dec 1 | 6:20-7 pm     | $60  | 204110-21  |
| Th  | Nov 12 – Dec 10| 4:30-5:10 pm  | $60  | 204110-22  |
| Th  | Nov 12 – Dec 10| 5:25-6:05 pm  | $60  | 204110-23  |
| Th  | Nov 12 – Dec 10| 6:20-7 pm     | $60  | 204110-24  |
| S   | Nov 14 – Dec 5 | 10:40-11:20 am| $60  | 204110-25  |
| S   | Nov 14 – Dec 5 | 11:35 am-12:05 pm | $60  | 204110-26 |
| S   | Nov 14 – Dec 5 | 11:35 am-12:05 pm | $60  | 204110-27 |

REGISTRATION FORM COVID-19 WAIVER
Questions? Contact Wakpor Rengel at wakpor.rengel@somn.org.

YOUNG ATHLETES
HALLOWEEN EXPO
WHO
Any kids ages 2-8. No previous experience with Special Olympics necessary!
WHAT
Wear your favorite costume and come join us for a fun morning as we go through activity stations showcasing what Special Olympics Young Athletes is all about.
Each child will get to trick-or-treat at every station as they work on sports skills important for gross motor and social-emotional development. Certificates will be handed out at the end of the event!
PLEASE NOTE: Limited spots available. All children and parents must register and fill out a COVID-19 waiver prior to the event. Parents and guardians are required to wear masks at all times, and CDC guidelines recommend all kids ages 2 and older to wear a mask. Costumes that cover your face will be permitted as an alternative.

WHEN
Sunday, Oct. 25 — 10:00 AM
WHERE
Centennial Park Soccer Field
6301 Shingle Creek Pkwy
Brooklyn Center, MN 55430

Questions? Contact Wakpor Rengel at wakpor.rengel@somn.org.

EVENT SPONSOR
Special Olympics Young Athletes

REGISTRATION FORM COVID-19 WAIVER
COMING TO A PARK NEAR YOU!

Join us this Fall at one of our **FREE** Rec On The Go sites!
The Rec On The Go (ROTG) van will be pulling in and bringing recreation to neighborhood parks. Rec On The Go staff will set up socially distant activities and equipment for youth and teens. There will be games, sports, arts, crafts and more!

**FREE MEALS** provided by Partners In Quality Care for youth 18 and under. Drop in! No registration required. The ROTG van will arrive and leave at the designated time. Brooklyn Center staff are not responsible for any youth after the vehicle has exited the site.

<table>
<thead>
<tr>
<th>PARK LOCATIONS</th>
<th>DAYS</th>
<th>PROGRAM TIME</th>
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<tr>
<td>LIONS PARK 5501 RUSSELL AVE N</td>
<td>Tuesday Sep. 22 – Nov. 17</td>
<td>2:30 - 4 pm</td>
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<tr>
<td>GARDEN CITY PARK 3607 65TH AVE N</td>
<td>Tuesday Sep. 22 – Nov. 17</td>
<td>4:30 - 6 pm</td>
</tr>
<tr>
<td>FIREHOUSE PARK 6535 BRYANT AVE N</td>
<td>Thursday Sep. 24 – Nov. 19</td>
<td>2:30 - 4 pm</td>
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<tr>
<td>TWIN LAKE NORTH APT 4539 58TH AVE N</td>
<td>Thursday Sep. 24 – Nov. 19</td>
<td>4:30 - 6 pm</td>
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</table>

**REC ON THE GO GOES POP-UP**
FREE! In the month of December Rec on the Go will be popping up at three parks to deliver activities for the whole family to enjoy. Dress for outdoor fun!

**ALL IN-PERSON PROGRAMS ARE CANCELED UNTIL FURTHER NOTICE**

KYLAWN PARK
THURSDAY, DECEMBER 3
5–7 PM

CENTENNIAL PARK WEST
WEDNESDAY, DECEMBER 9
5–7 PM

WEST PALMER LAKE PARK
FRIDAY, DECEMBER 18
5–7 PM

For a map of parks and more information visit [cityofbrooklyncenter.org/reconthego](http://cityofbrooklyncenter.org/reconthego) or call 763-569-3400.
HERE’S WHAT WE ARE DOING TO HELP KEEP YOU SAFE:

We are limiting facility capacity. To ensure enough space for social distancing, we’re only allowing a certain number of people in at one time. This means you will have to reserve a time to enter.

We are practicing social distancing. We ask that you stay six feet apart from others.

We are cleaning frequently. While the facility is open, we are sanitizing all equipment and surfaces with disinfectant in accordance with the Centers for Disease Control and Prevention (CDC) guidelines. We are also deep cleaning the facility every night.

We are providing self-cleaning stations. These will be conveniently located throughout the facility with easy, readily available equipment disinfectant wipes and hand sanitizer.

We are wearing face masks. We are wearing face masks, and members and visitors are required to wear a face mask or face covering when in our facilities, except when using cardio equipment or in the pool — for your own health and safety, as well as the safety of others.

Fitness center and the pool are open by reservation only. Fitness sessions, Lap Swim and Recreational Swim sessions are available by the hour and can be reserved online at webtrac.cityofbrooklyncenter.org/ or over the phone by calling 763-569-3400.

Please call us if you are going to miss your reservation. If you are going to miss your reservation to work out or swim, please let us know in advance. If you miss three reservations without notifying the community center, privileges to reserve time could be revoked.

We are asking for your help. Please use your best judgment. If you’re not feeling well, have a fever or other flu-like symptoms, we ask that you stay home.

TAKING AN ADDED 25% OFF  While restrictions are in place due to the pandemic membership fees will be reduced by 25% from the fee listed below at the point of registration.

<table>
<thead>
<tr>
<th>Membership Fees</th>
<th>Months</th>
<th>1</th>
<th>3</th>
<th>6</th>
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<tr>
<td>INDIVIDUAL</td>
<td>$36</td>
<td>$96</td>
<td>$171</td>
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<tr>
<td>DUAL</td>
<td>$45</td>
<td>$121</td>
<td>$215</td>
<td></td>
</tr>
<tr>
<td>SENIOR</td>
<td>$29</td>
<td>$78</td>
<td>$138</td>
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<tr>
<td>SENIOR DUAL</td>
<td>$38</td>
<td>$102</td>
<td>$180</td>
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<tr>
<td>HOUSEHOLD</td>
<td>$51</td>
<td>$138</td>
<td>$246</td>
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</table>

Definitions

INDIVIDUAL: Any individual ages 18+.

DUAL: Two people residing at the same address, one must be age 18+.

SENIOR: Any Brooklyn Center resident ages 62+.

SENIOR DUAL: Two Brooklyn Center residents residing at the same address ages 62+.

HOUSEHOLD: Two adults and up to three dependents ages 0-17 or full-time students ages 18-22. Additional dependents may be added for $10 per month, per dependent.
COMMUNITY CENTER

Fitness, lap swim and recreational swim appointments are required and can be reserved online at webtrac.cityofbrooklyncenter.org or over the phone by calling 763-569-3400.

Fitness Center

The upper level of the community center is designated for socially distanced fitness activities. Cardiovascular equipment, resistance training and free weights available to use by those ages 15+. Showers are currently only available for pool users. All users of the fitness center are recommended to complete a fitness center orientation. Shirt and athletic shoes are required.

Pool

Pool Hours:
Monday: Lap Swim – 8:30am – 3pm, 5-9pm
Tuesday: Lap Swim – 8:30am – 3pm
Wednesday: Lap Swim – 8:30am – 3pm, Recreational Swim – 5-9pm
Thursday: Lap Swim – 8:30am – 3pm
Friday: Lap Swim – 8:30am – 3pm, Recreational Swim – 5-9pm
Saturday: Lap Swim – 8-9:30am, 6-8pm, Recreational Swim - 1-5pm
Sunday: Recreational Swim – 1-5pm, Lap Swim – 5:30-8pm

Pool Covid-19 Precautions

Entering the facility: reservations will be required. Lap lanes and recreational swim areas will have staggered start times to ensure social distancing. Masks are required to enter the facility and until you enter the water.

Locker Rooms: the all gender locker rooms will be available for showering and changing and be disinfected between uses. Main locker rooms will not be available. No lockers are available for rent. Showering is required to enter the pool.

Pool Deck: cubbies will be provided on the deck for storage of items. Cubbies will be disinfected between use. Furniture on the deck will not be available to use.

Lap Swim: limit one person per lane to ensure social distancing.

Recreational Swim: groups will be restricted to roped off areas of the pool. Groups are required to be within same household. To ensure social distancing, the deep end and the slide will be closed. Parents/guardians are required to be in the water with children under the age of 7 and to be within arm’s reach at all times.

Sauna: available by reservation, limited to one user at a time. No lockers are available for rent.

Exiting the Facility: mask is required after getting out of the water. Leave through designated exit.
Brooklyn Center
RECREATION

- Adult Programs -

FITNESS PROGRAMS

GROUP FITNESS IS OFFERED VIRTUALLY THROUGH ZOOM UNLESS NOTED. THE LINK WILL BE EMAILED THE MORNING OF THE PROGRAM. REGISTER BY THE DAY OR WEEK. AGES 16+ UNLESS OTHERWISE NOTED.

SILVERSNALKERS® YOGA
Yoga will move your body through a complete series of seated and standing yoga poses. Chair support is offered to safely perform a variety of postures designed to increase flexibility, balance and range of movement. Restorative breathing exercises and final relaxation will promote stress reduction and mental clarity. Have a chair, clear space and streaming device. No class 11/3.

Tuesdays, 9:30 am
FREE! #109701-01

SILVERSNALKERS® CLASSIC
Learn Have fun and move to the music through a variety of exercises designed to increase muscular strength, range of movement and activity for daily living skills. Hand-held weights, elastic tubing and ahndles, and a ball are available to check out from the community center; a chair is used for seated and/or standing support. No Class 11/25, 12/20.

Wednesdays, 10 am
FREE! #109707-01

CREATIVE MOVEMENTS
Learn to get fit from home! Join us for wellness class focused on movements and exercises that can be in any setting. Work on flexibility, balance and overall wellness. Stream this program from the comfort of your home, park or wherever you like to exercise. Must have a sturdy chair and yard stick.

Wednesdays, 9 am
FREE! #109704-01

STRENGTH TRAINING
Fit or unfit, experienced or beginner, everyone can benefit from resistance training. This class can improve muscular strength and power, build and protect bone mass, and increase joint stability. Modifications are offered for different abilities. No class 11/3, 12/29.

Tuesdays, 5:30 pm
FREE! #109705-01

ZUMBA® GOLD
Come ready to sweat! This lower intensity dance party fitness class focuses on all elements of fitness: cardiovascular, muscular conditioning, flexibility and balance. Wear cross training or aerobic style shoes and comfortable clothes as well as a clear area to move around. Once the Latin and World rhythms take over, you’ll see what Zumba® Fitness classes are often called exercise in disguise. No Class 11/26, 12/24, 12/31.

Thursdays, 9:30 am
FREE! #109703-01

POTTERY
The pottery studio will be open via reservation only for Open Pottery. Participants must have a pottery membership to utilize the space.

OPEN STUDIO
Open studio is designed for individuals that have completed the beginners class and want to work independently. Fees include: studio tools, glaze, firing of pieces and tax. Cost of clay: $20 per 25lbs.

Additional clay - $42.45, includes 25 lbs., glazes and tax. Ages 18+, open to both residents and non-residents.

If you have further questions please contact us via email at recreation@ci.brooklyn-center.mn.us or by phone at 763-569-3400.

SENIOR PROGRAMS

iPADS FOR SENIORS

Ages 62+. Through the CARES Act funding, the City of Brooklyn Center has purchased 40 iPads to distribute to senior residents of Brooklyn Center with the purpose of enhancing connectivity and reducing the sense of isolation. Loneliness and social isolation have been associated with increased risk for several chronic conditions for the elderly, including dementia, stroke, and coronary artery disease. Social isolation has also been linked to increases in emergency department visits, hospitalizations, and nursing home placements.

The City is currently accepting applications.

Application requirements:
- Must be a resident of Brooklyn Center
- Must be 62 years of age or older
- Must submit proof of age and residency

Applications can be returned by mail or placed in the utility bill drop box at City Hall: City of Brooklyn Center, 6301 Shingle Creek Parkway, Brooklyn Center, MN 55430; or submitted by email at: recreation@ci.brooklyn-center.mn.us. Include a copy of your photo ID with the completed application. Applications received by October 19, 2020 will be given first priority. If you have any questions or would like a paper copy of the application, please call 763-569-3330.

MINNESOTA WARMLINE
The Minnesota Warmline provides a peer-to-peer approach to mental health recovery, support and wellness. Calls are answered by a team of professionally trained Certified Peer Specialists, who have direct experience living with a mental health condition. Open Monday-Saturday, 5-10 p.m. Call 651-288-0400 or toll free at 877-404-3190 or text “Support” to 85511.
- The Great Pumpkin Hunt -

Explore parks and trails in Brooklyn Center to find one of 100 hidden clay pumpkins! Return your clay pumpkin to Rec on the Go or the community center for a prize.

October 17 - November 2
All ages! Free!
One prize per person

Halloween Drive-Thru Boo

Thursday, October 29th 5-7pm
FREE! All Ages!

BROOKLYN CENTER COMMUNITY CENTER PARKING LOT

Join us for our first ever Halloween Drive-thru Boo! Enjoy Halloween themed booths and vehicles as you drive around beautiful Centennial Park. Children will receive candy and other surprises along the route.

Reserve your time slot by calling 763-569-3400 or by clicking "youth" at webtrac.cityofbrooklyncenter.org
Participants must stay inside their vehicle at all times. Costumes not required. Weather hotline: 763-569-3442
**SNOW MANY TRADITIONS!**
**a celebration of cultures**

Discover a world of winter cultural traditions as you drive around Centennial Park. Experience the wonders of winter as you view displays showcasing the winter cultural traditions celebrated by our neighbors that are designed and created by the Brooklyn Center community. Capture the memory with a family portrait by a professional photographer before warming up with a warm beverage and treat.

**Free! All ages!**
**Sunday, Dec. 6, 2-5 pm**
**Centennial Park: 6301 Shingle Creek Parkway**
This is an outdoors event, please dress for the weather.
EXPLORE BY CLICKING THE TOPICS THAT INTERESTED YOU MOST.
TOPICS ARE ORGANIZED BY AGE HOWEVER, MOST CAN BE ENJOYED BY ALL.

RESOURCES FOR ALL
- Brooklyn Center Parks and Trail Map
- Three Rivers Park District Parks and Trail Map
- Minnesota State Parks
- Virtual Field Trip List
- 25 Virtual Escape Rooms

RESOURCES FOR KIDS
- Story Time from Space
- Daily Doodle by Mo Willems
- New! STEM Experiments for Kids
- The Thinkery
- 15 Backyard Science Experiments for Kids
- Code.org: Kids Coding Lessons
- $ Science Made Fun
- Online, hands-on classes
- National Wildlife Federation: Ranger Rick
- Kids Wildlife Learning Activities
- Science Museum of Minnesota: Dinosaurs Alive
- Minnesota Zoo: Learning Corner
- Cosmic Kids Yoga

RESOURCES FOR FAMILIES
- Minnesota Department of Natural Resources: Live Eagle Cam
- Camp Fire: My Nature Connection for Families
- Three Rivers Park District Online Learning
- Top 50 Minute to Win It Games
- Stages Theater: Beyond the Stage Series

RESOURCES FOR ADULTS
- Ultimate Minnesota Waterfalls Roadtrip
- Smithsonian Magazine Virtual Travel
- Fitness Blender: Free Fitness for All Levels
- National Museum of the Great Lakes
- National Museum of African American History & Culture
- MDH Coping with COVID-19
- Sarah Beth Yoga: All Levels

RESOURCES FOR SENIORS
- Online Games by AARP
- Online Tools for Learning New Skills
- Senior Community Services
- Draw Everyday with JJK
- Online Games for Seniors
- Minnesota Streetcar Museum Videos
- Farm Food 360 Tours