

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Aerobic Fit & Fun 9:30 - 10:20 am Judy</p> <p>Aqua Combo 9:45 - 10:35 am Jeanine</p> <p>SS Classic 10:30 - 11:20 am Judy</p> <p>Aqua Exercise 11 - 11:50 am Megan</p> <p>Power Aqua 12:15 - 1 pm Megan</p> <p>SS Boom Muscle 12:30-1:15 pm Logan</p> <p>Tabata Express 5 - 5:30 pm Logan</p> <p>Zumba 5:45 - 6:45 pm Myra</p> <p>Aqua Zumba 7:15 - 8 pm Stephanie</p>	<p>Aqua Deep 9:45 - 10:35 am Jeanine</p>	<p>Arthritis Water 9 - 9:50 am Heather</p> <p>SS Cardio Fit 9 - 9:50 am Judy <i>No class 3/25</i></p> <p>SS Yoga 10 -10:50 am Judy <i>No class 3/11 & 3/25</i></p> <p>Tabata Express 12:30 - 1 pm Logan</p> <p>Zumba Gold 4:30 -5:20 pm Stephanie</p> <p>Cardio Core 5:30 - 6:20 pm Stephanie <i>No class 3/25</i></p> <p>Arthritis Water 6:30 - 7:20 pm Heather</p> <p>Aqua Combo 7:25 - 8:15 pm Heather</p>	<p>SS Classic 9:30 - 10:20 am Stephanie</p> <p>Aqua Combo 9:45 - 10:35 am Jeanine</p> <p>Strength Training 10:30 - 11:20 am Stephanie</p>	<p>Aqua Zumba 8:45 - 9:30 am Stephanie</p> <p>SS Cardio Fit 10 - 10:50 am Stephanie</p> <p>SS Yoga 11 - 11:50 am Stephanie</p>	<p>Aqua Exercise 8:15 - 9:05 am Rotating Instructors</p> <p>Zumba 9 - 10 am Lenka</p> <p>Zumba Kids 10:15 - 11 am Lenka</p>